# TOROS ÜNIVERSITESI

Vocational School Child Development

#### **Course Information**

CHILD PSYCHOLOGY AND MENTAL HEALTH						
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit	
		Hour / Week				
CGP219	Fall	2	0	2	5	

Prerequisites and co- requisites	None
Language of instruction	Turkish
Туре	Required
Level of Course	Associate
Lecturer	Lect.Güzin ÖZÇELİK
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise ( internship )	None
Objectives of the Course	This course will gain knowledge and skills about child psychology and mental health
Contents of the Course	Definition of mental health, the importance of the historical development of mental health, mental health and related theories, the mental health of individuals with and without on-site properties, behavior and adjustment problems in children [stuttering, be tongue-tied (mutism), sub-wetting (enuresis), fecal incontinence (encopresis), thumb sucking, nail biting, aggression, jealousy, tics, stubbornness, sleep disorders, eating habit disorders, anxiety, attention deficit and hyperactivity, school phobia, theft, lying] diagnosis and treatment, special situations within the family (divorce, step-parent, parent's death, and so on.) effects of the child's mental health

# **Learning Outcomes of Course**

#	Learning Outcomes
1	Understanding the definition, importance and historical development of mental health
2	Explaining basic theories of mental health
3	Understanding the characteristics of individuals with without mental health problems
4	To understand the diagnosis and treatment of behavioral and adjustment problems in children
5	Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health

# **Course Syllabus**

#	Subjects	Teaching Methods and Technics
1	Basic concepts of mental health	Lecture, discussion
2	Theories about mental health	Lecture, discussion
3 Children's mental health Lecture, discussion		Lecture, discussion
4	Factors affecting child mental health (Parents)	Lecture, discussion
5	Factors affecting child mental health (Sibling relationships)	Lecture, discussion
6	Factors affecting child mental health (Environment)	Lecture, discussion
7	Characteristics to be sought in people with mental health	Lecture, discussion
8	Midterm	
9	Attachment and attachment disorders	Lecture, discussion

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10	Attachment and attachment disorders	Lecture, discussion
11	Behavior and adaptation problems in children	Lecture, discussion
12	Behavior and adaptation problems in children	Lecture, discussion
13	Mental problems in childhood	Lecture, discussion
14	Mental problems in childhood	Lecture, discussion
15	Child Abuse and Neglect	Lecture, discussion
16	Final Exam	

## **Course Syllabus**

4	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Her yönüyle okul öncesi eğitim Ruh Sağlığı Prof.Dr. Abide Güngör Aytar		

#### **Method of Assessment**

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Understanding the definition, importance and historical development of mental health	1,2	1,2
2	Explaining basic theories of mental health	1,2,4	1,2
3	Understanding the characteristics of individuals with without mental health problems	1,2,10	1,2
4	To understand the diagnosis and treatment of behavioral and adjustment problems in children	2,10,12	1,2
	Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health	1,2	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

#### **Work Load Details**

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	2	28
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	1	4	4
4	Web Research, Library and Archival Work	3	5	15
5	Document/Information Listing	1	6	6
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	8	8
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	2	3	6
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0

13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	10	10
16	Final Exam	1	1	1
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