

# TOROS ÜNİVERSİTESİ

Vocational School  
Child Development

## Course Information

NUTRITION OF CHILDREN					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
CGP126	Spring	2	0	2	2

<b>Prerequisites and co-requisites</b>	NONE
<b>Language of instruction</b>	Turkish
<b>Type</b>	Required
<b>Level of Course</b>	Associate
<b>Lecturer</b>	LECT. Kamuran ÖZTOP
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	NONE
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	To be aware of child nutrition, to evaluate nutrition problems and solution proposals
<b>Contents of the Course</b>	Nutrients, Nutrition in the period of infancy (0-1 years), Breastfeeding (0-6 months), Nutrition in infancy (0-1 years), Nutrition in the period of infancy (0-1 years) Complementary nutrition (6-12 months), nutrition during infancy (0-1 years), nutrition in childhood and school period, nutritional problems in children

## Learning Outcomes of Course

#	Learning Outcomes
1	Define the importance of adequate and balanced nutrition.
2	Describe the importance of nutrients (carbohydrates, proteins, fats, vitamins, minerals, water) in healthy nutrition and body work.
3	It determines the amount of energy and nutrients that children should take for adequate and balanced nutrition.
4	Explain the types and causes of malnutrition in children.
5	Evaluates the nutritional status of children and proposes solutions for their correction.

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	NUTRITION	Lecture, discussion, presentation
2	BASIC CONCEPTS ABOUT NUTRITION	Lecture, discussion, presentation
3	BASIC CONCEPTS ABOUT NUTRITION	Lecture, discussion, presentation
4	BABY NUTRITION	Lecture, discussion, presentation
5	BABY NUTRITION	Lecture, discussion, presentation
6	CHILD NUTRITION	Lecture, discussion, presentation
7	CHILD NUTRITION	Lecture, discussion, presentation
8	Mid-term Exam	-
9	SCHOOL NUTRITION	Lecture, discussion, presentation
10	SCHOOL NUTRITION	Lecture, discussion, presentation
11	SCHOOL NUTRITION	Lecture, discussion, presentation

12	NUTRITION ISSUES	Lecture, discussion, presentation
13	NUTRITION ISSUES	Lecture, discussion, presentation
14	NUTRITION ISSUES	Lecture, discussion, presentation
15	NUTRITION ISSUES	Lecture, discussion, presentation
16	Final Exam	-

### Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	CD, BOOK, INTERNET, INTERNET DOCUMENTS		

### Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

### Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Define the importance of adequate and balanced nutrition.	1,2,12	1,2
2	Describe the importance of nutrients (carbohydrates, proteins, fats, vitamins, minerals, water) in healthy nutrition and body work.	1,2,12	1,2
3	It determines the amount of energy and nutrients that children should take for adequate and balanced nutrition.	1,2,12	1,2
4	Explain the types and causes of malnutrition in children.	1,2,12	1,2
5	Evaluates the nutritional status of children and proposes solutions for their correction.	1,2,12	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

### Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	2	28
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	8	8
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	8	8
16	Final Exam	1	1	1

