

TOROS ÜNİVERSİTESİ

Vocational School
Child Development

Course Information

NUTRITION OF CHILDREN					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
CGP126	Spring	2	0	2	

Prerequisites and co-requisites	NONE
Language of instruction	Turkish
Type	Required
Level of Course	Associate
Lecturer	Assist.Prof. Betül GÜLŞEN ATALAY
Mode of Delivery	Face to Face
Suggested Subject	NONE
Professional practise (internship)	None
Objectives of the Course	To be aware of child nutrition, to evaluate nutrition problems and solution proposals
Contents of the Course	Nutrition in the period of infancy (0-1 years), Breastfeeding (0-6 months), Nutrition in infancy (0-1 years), Nutrition in the period of infancy (0-1 years) Complementary nutrition (6-12 months), nutrition during infancy (0-1 years), nutrition in childhood and school period, nutritional problems in children

Learning Outcomes of Course

#	Learning Outcomes
1	DO YOU RECOGNIZE NUTRITION
2	IMPORTANT CONCEPT OF NUTRITION
3	THE MAIN PRINCIPLES OF CHILDREN'S NUTRITION, THE IMPORTANT CONCEPT
4	PRACTICES IN THE PROBLEMS OF CHILDREN'S NUTRITION AND APPLICATIONS OF SOLUTION METHODS

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Importance of Maternal and Child Health and situation in the world and Turkey	Lecture, discussion, presentation
2	The Importance of Adequate and Balanced Nutrition- Nutrients-Carbohydrates	Lecture, discussion, presentation
3	Nutrients-Proteins-Fats	Lecture, discussion, presentation
4	Nutrients- Vitamins-Minerals-Water	Lecture, discussion, presentation
5	Common nutritional problems in infants and children-1	Lecture, discussion, presentation
6	Common nutritional problems in infants and children-2	Lecture, discussion, presentation
7	Common nutritional problems in infants and children-3	Lecture, discussion, presentation
8	Mid-term Exam	-
9	Nutrition during pregnancy and lactation	Lecture, discussion, presentation
10	0-1 year old infant feeding	Lecture, discussion, presentation
11	1-3 years old child nutrition	Lecture, discussion, presentation
12	3-6 years old child nutrition	Lecture, discussion, presentation

13	School-age child nutrition	Lecture, discussion, presentation
14	Nutrition in adolescent period	Lecture, discussion, presentation
15	General review	Lecture, discussion, presentation
16	Final Exam	-

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Anne Çocuk Sağlığı ve Beslenmesi, Prof. Dr. Nevin Şanlıer, Hedef Yayıncılık, 2019		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	DO YOU RECOGNIZE NUTRITION	13	1,2
2	IMPORTANT CONCEPT OF NUTRITION	13	1,2
3	THE MAIN PRINCIPLES OF CHILDREN'S NUTRITION, THE IMPORTANT CONCEPT	12,13	1,2
4	PRACTICES IN THE PROBLEMS OF CHILDREN'S NUTRITION AND APPLICATIONS OF SOLUTION METHODS	12,13	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	2	28
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	0	0	0
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	0	0	0
16	Final Exam	1	1	1
				72

