

# TOROS ÜNİVERSİTESİ

Vocational School  
Child Development

## Course Information

| CHILD PSYCHOLOGY AND MENTAL HEALTH |          |             |          |                 |             |
|------------------------------------|----------|-------------|----------|-----------------|-------------|
| Code                               | Semester | Theoretical | Practice | National Credit | ECTS Credit |
|                                    |          | Hour / Week |          |                 |             |
| CGP219                             | Fall     | 2           | 0        | 2               | 5           |

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Prerequisites and co-requisites</b>      | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Language of instruction</b>              | Turkish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Type</b>                                 | Required                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Level of Course</b>                      | Associate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Lecturer</b>                             | Lect.Güzin ÖZÇELİK                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Mode of Delivery</b>                     | Face to Face                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Suggested Subject</b>                    | none                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Professional practise ( internship )</b> | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Objectives of the Course</b>             | This course will gain knowledge and skills about child psychology and mental health                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Contents of the Course</b>               | Definition of mental health, the importance of the historical development of mental health, mental health and related theories, the mental health of individuals with and without on-site properties, behavior and adjustment problems in children [stuttering, be tongue-tied (mutism), sub-wetting (enuresis), fecal incontinence (encopresis ), thumb sucking, nail biting, aggression, jealousy, tics, stubbornness, sleep disorders, eating habit disorders, anxiety, attention deficit and hyperactivity, school phobia, theft, lying] diagnosis and treatment, special situations within the family (divorce, step-parent, parent's death, and so on.) effects of the child's mental health |

## Learning Outcomes of Course

| # | Learning Outcomes                                                                                                                        |
|---|------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | Understanding the definition, importance and historical development of mental health                                                     |
| 2 | Explaining basic theories of mental health                                                                                               |
| 3 | Understanding the characteristics of individuals with without mental health problems                                                     |
| 4 | To understand the diagnosis and treatment of behavioral and adjustment problems in children                                              |
| 5 | Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health |

## Course Syllabus

| # | Subjects                                                      | Teaching Methods and Technics |
|---|---------------------------------------------------------------|-------------------------------|
| 1 | Basic concepts of mental health                               | Lecture, discussion           |
| 2 | Theories about mental health                                  | Lecture, discussion           |
| 3 | Children's mental health                                      | Lecture, discussion           |
| 4 | Factors affecting child mental health (Parents)               | Lecture, discussion           |
| 5 | Factors affecting child mental health (Sibling relationships) | Lecture, discussion           |
| 6 | Factors affecting child mental health (Environment)           | Lecture, discussion           |
| 7 | Characteristics to be sought in people with mental health     | Lecture, discussion           |
| 8 | Midterm                                                       |                               |
| 9 | Attachment and attachment disorders                           | Lecture, discussion           |

|    |                                              |                     |
|----|----------------------------------------------|---------------------|
| 10 | Attachment and attachment disorders          | Lecture, discussion |
| 11 | Behavior and adaptation problems in children | Lecture, discussion |
| 12 | Behavior and adaptation problems in children | Lecture, discussion |
| 13 | Mental problems in childhood                 | Lecture, discussion |
| 14 | Mental problems in childhood                 | Lecture, discussion |
| 15 | Child Abuse and Neglect                      | Lecture, discussion |
| 16 | Final Exam                                   |                     |

## Course Syllabus

| # | Material / Resources                                                   | Information About Resources | Reference / Recommended Resources |
|---|------------------------------------------------------------------------|-----------------------------|-----------------------------------|
| 1 | Her yönüyle okul öncesi eğitim Ruh Sağlığı Prof.Dr. Abide Güngör Aytar |                             |                                   |

## Method of Assessment

| # | Weight | Work Type     | Work Title    |
|---|--------|---------------|---------------|
| 1 | 40%    | Mid-Term Exam | Mid-Term Exam |
| 2 | 60%    | Final Exam    | Final Exam    |

## Relationship between Learning Outcomes of Course and Program Outcomes

| # | Learning Outcomes                                                                                                                        | Program Outcomes | Method of Assessment |
|---|------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------------------|
| 1 | Understanding the definition, importance and historical development of mental health                                                     | 1,2              | 1,2                  |
| 2 | Explaining basic theories of mental health                                                                                               | 1,2,4            | 1,2                  |
| 3 | Understanding the characteristics of individuals with without mental health problems                                                     | 1,2,10           | 1,2                  |
| 4 | To understand the diagnosis and treatment of behavioral and adjustment problems in children                                              | 2,10,12          | 1,2                  |
| 5 | Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health | 1,2              | 1,2                  |

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

| #  | Type of Work                                                  | Quantity | Time (Hour) | Work Load |
|----|---------------------------------------------------------------|----------|-------------|-----------|
| 1  | Course Duration                                               | 14       | 2           | 28        |
| 2  | Course Duration Except Class (Preliminary Study, Enhancement) | 14       | 3           | 42        |
| 3  | Presentation and Seminar Preparation                          | 1        | 4           | 4         |
| 4  | Web Research, Library and Archival Work                       | 3        | 5           | 15        |
| 5  | Document/Information Listing                                  | 1        | 6           | 6         |
| 6  | Workshop                                                      | 0        | 0           | 0         |
| 7  | Preparation for Midterm Exam                                  | 1        | 8           | 8         |
| 8  | Midterm Exam                                                  | 1        | 1           | 1         |
| 9  | Quiz                                                          | 0        | 0           | 0         |
| 10 | Homework                                                      | 2        | 3           | 6         |
| 11 | Midterm Project                                               | 0        | 0           | 0         |
| 12 | Midterm Exercise                                              | 0        | 0           | 0         |

|    |                            |   |    |            |
|----|----------------------------|---|----|------------|
| 13 | Final Project              | 0 | 0  | 0          |
| 14 | Final Exercise             | 0 | 0  | 0          |
| 15 | Preparation for Final Exam | 1 | 10 | 10         |
| 16 | Final Exam                 | 1 | 1  | 1          |
|    |                            |   |    | <b>121</b> |