

TOROS ÜNİVERSİTESİ

Vocational School
Child Development

Course Information

| CHILD PSYCHOLOGY AND MENTAL HEALTH | | | | | |
|------------------------------------|----------|-------------|----------|-----------------|-------------|
| Code | Semester | Theoretical | Practice | National Credit | ECTS Credit |
| | | Hour / Week | | | |
| CGP219 | Fall | 2 | 0 | 2 | 5 |

| | |
|---|--|
| Prerequisites and co-requisites | None |
| Language of instruction | Turkish |
| Type | Required |
| Level of Course | Associate |
| Lecturer | Lect.Güzin ÖZÇELİK |
| Mode of Delivery | Face to Face |
| Suggested Subject | none |
| Professional practise (internship) | None |
| Objectives of the Course | This course will gain knowledge and skills about child psychology and mental health |
| Contents of the Course | Definition of mental health, the importance of the historical development of mental health, mental health and related theories, the mental health of individuals with and without on-site properties, behavior and adjustment problems in children [stuttering, be tongue-tied (mutism), sub-wetting (enuresis), fecal incontinence (encopresis), thumb sucking, nail biting, aggression, jealousy, tics, stubbornness, sleep disorders, eating habit disorders, anxiety, attention deficit and hyperactivity, school phobia, theft, lying] diagnosis and treatment, special situations within the family (divorce, step-parent, parent's death, and so on.) effects of the child's mental health |

Learning Outcomes of Course

| # | Learning Outcomes |
|---|--|
| 1 | Understanding the definition, importance and historical development of mental health |
| 2 | Explaining basic theories of mental health |
| 3 | Understanding the characteristics of individuals with without mental health problems |
| 4 | To understand the diagnosis and treatment of behavioral and adjustment problems in children |
| 5 | Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health |

Course Syllabus

| # | Subjects | Teaching Methods and Technics |
|---|---|-------------------------------|
| 1 | The definition and importance of mental health | Lecture, discussion |
| 2 | The importance of children's mental health | Lecture, discussion |
| 3 | The historical development of mental health, mental health and related theories | Lecture, discussion |
| 4 | Family and children | Lecture, discussion |
| 5 | The parents'attitudes | Lecture, discussion |
| 6 | School and child | Lecture, discussion |
| 7 | Community and child | Lecture, discussion |
| 8 | Midterm | |
| 9 | Children with special needs | Lecture, discussion |

| | | |
|----|--|---------------------|
| 10 | Behavioral and adjustment problems in children | Lecture, discussion |
| 11 | Behavioral and adjustment problems in children (cont.) | Lecture, discussion |
| 12 | Mental health in situations where children live special effects (sickness, death, step-parents, divorce) | Lecture, discussion |
| 13 | Personality-Personality development | Lecture, discussion |
| 14 | Mental disorders | Lecture, discussion |
| 15 | Practice | Lecture, discussion |
| 16 | Final Exam | |

Course Syllabus

| # | Material / Resources | Information About Resources | Reference / Recommended Resources |
|---|--|-----------------------------|-----------------------------------|
| 1 | Her yönüyle okul öncesi eğitim Ruh Sağlığı Prof.Dr. Abide Güngör Aytar | | |

Method of Assessment

| # | Weight | Work Type | Work Title |
|---|--------|---------------|---------------|
| 1 | 40% | Mid-Term Exam | Mid-Term Exam |
| 2 | 60% | Final Exam | Final Exam |

Relationship between Learning Outcomes of Course and Program Outcomes

| # | Learning Outcomes | Program Outcomes | Method of Assessment |
|---|--|------------------|----------------------|
| 1 | Understanding the definition, importance and historical development of mental health | 1,2 | 1,2 |
| 2 | Explaining basic theories of mental health | 1,2,4 | 1,2 |
| 3 | Understanding the characteristics of individuals with without mental health problems | 1,2,10 | 1,2 |
| 4 | To understand the diagnosis and treatment of behavioral and adjustment problems in children | 2,10,12 | 1,2 |
| 5 | Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health | 1,2 | 1,2 |

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

| # | Type of Work | Quantity | Time (Hour) | Work Load |
|----|---|----------|-------------|-----------|
| 1 | Course Duration | 14 | 2 | 28 |
| 2 | Course Duration Except Class (Preliminary Study, Enhancement) | 14 | 3 | 42 |
| 3 | Presentation and Seminar Preparation | 1 | 4 | 4 |
| 4 | Web Research, Library and Archival Work | 3 | 5 | 15 |
| 5 | Document/Information Listing | 1 | 6 | 6 |
| 6 | Workshop | 0 | 0 | 0 |
| 7 | Preparation for Midterm Exam | 1 | 8 | 8 |
| 8 | Midterm Exam | 1 | 1 | 1 |
| 9 | Quiz | 0 | 0 | 0 |
| 10 | Homework | 2 | 3 | 6 |
| 11 | Midterm Project | 0 | 0 | 0 |
| 12 | Midterm Exercise | 0 | 0 | 0 |

| | | | | |
|----|----------------------------|---|----|------------|
| 13 | Final Project | 0 | 0 | 0 |
| 14 | Final Exercise | 0 | 0 | 0 |
| 15 | Preparation for Final Exam | 1 | 10 | 10 |
| 16 | Final Exam | 1 | 1 | 1 |
| | | | | 121 |