

# TOROS ÜNİVERSİTESİ

Vocational School  
Child Development

## Course Information

CHILD PSYCHOLOGY AND MENTAL HEALTH					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
CGP219	Fall	2	0	2	3

<b>Prerequisites and co-requisites</b>	None
<b>Language of instruction</b>	Turkish
<b>Type</b>	Required
<b>Level of Course</b>	Associate
<b>Lecturer</b>	Lect.Güzin ÖZÇELİK
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	This course will gain knowledge and skills about child psychology and mental health
<b>Contents of the Course</b>	Definition of mental health, the importance of the historical development of mental health, mental health and related theories, the mental health of individuals with and without on-site properties, behavior and adjustment problems in children [stuttering, be tongue-tied (mutism), sub-wetting (enuresis), fecal incontinence (encopresis ), thumb sucking, nail biting, aggression, jealousy, tics, stubbornness, sleep disorders, eating habit disorders, anxiety, attention deficit and hyperactivity, school phobia, theft, lying] diagnosis and treatment, special situations within the family (divorce, step-parent, parent's death, and so on.) effects of the child's mental health

## Learning Outcomes of Course

#	Learning Outcomes
1	Understanding the definition, importance and historical development of mental health
2	Explaining basic theories of mental health
3	Understanding the characteristics of individuals with without mental health problems
4	To understand the diagnosis and treatment of behavioral and adjustment problems in children
5	Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	The definition and importance of mental health	Lecture, discussion
2	The importance of children's mental health	Lecture, discussion
3	The historical development of mental health, mental health and related theories	Lecture, discussion
4	Family and children	Lecture, discussion
5	The parents'attitudes	Lecture, discussion
6	School and child	Lecture, discussion
7	Community and child	Lecture, discussion
8	Midterm	
9	Children with special needs	Lecture, discussion

10	Behavioral and adjustment problems in children	Lecture, discussion
11	Behavioral and adjustment problems in children (cont.)	Lecture, discussion
12	Mental health in situations where children live special effects (sickness, death, step-parents, divorce)	Lecture, discussion
13	Personality-Personality development	Lecture, discussion
14	Mental disorders	Lecture, discussion
15	Practice	Lecture, discussion
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Her yönüyle okul öncesi eğitim Ruh Sağlığı Prof.Dr. Abide Güngör Aytar		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Understanding the definition, importance and historical development of mental health	1,2	1,2
2	Explaining basic theories of mental health	1,2,4	1,2
3	Understanding the characteristics of individuals with without mental health problems	1,2,10	1,2
4	To understand the diagnosis and treatment of behavioral and adjustment problems in children	2,10,12	1,2
5	Special situations within the family (divorce, step-parent, parent s death, and so on.) explain the effects of the child s mental health	1,2	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	2	28
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	1	4	4
4	Web Research, Library and Archival Work	3	5	15
5	Document/Information Listing	1	6	6
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	8	8
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	2	3	6
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0

13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	10	10
16	Final Exam	1	1	1
				<b>121</b>