

# TOROS ÜNİVERSİTESİ

Vocational School  
Dialysis

## Course Information

PRINCIPLES OF NUTRITION IN DIALYSIS					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
DYZ219	Fall	2	0	2	2

<b>Prerequisites and co-requisites</b>	
<b>Language of instruction</b>	Turkish
<b>Type</b>	Required
<b>Level of Course</b>	Associate
<b>Lecturer</b>	Lec. Aynur ÇELİK
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	In this course, the food groups, adequate, balanced and healthy diet aims to develop knowledge and skills regarding the rules.
<b>Contents of the Course</b>	Food groups, adequate and balanced nutrition, healthy eating principles

## Learning Outcomes of Course

#	Learning Outcomes
1	To be able to gain the knowledge of food groups
2	To be able to understand the importance of adequate and balanced nutrition.
3	Defining the nutritional factors that are effective in the treatment of kidney diseases
4	Explain the healthy eating principles

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Health and Nutrition	Presentation, Discustion
2	Nutrients, Carbohydrates, Proteins	Presentation, Discustion
3	Nutrients, Carbohydrates, Proteins	Presentation, Discustion
4	Minerals	Presentation, Discustion
5	Drinks and Fluid Balance	Presentation, Discustion
6	Food Groups (Meat and Meat Products, Milk and Milk product)	Presentation, Discustion
7	Food Groups (Legumes and Cereals, Oils)	Presentation, Discustion
8	Midterm Exam	
9	Adequate and Balanced Nutrition Policy	Presentation, Discustion
10	Meet the energy demand	Presentation, Discustion
11	Nutrition in Special Situations (Pregnancy, Breastfeeding, Infant, Child and Adolescent nutrition)	Presentation, Discustion
12	Nutrition in Cronical Diseases	Presentation, Discustion
13	Nutrition in Acute Kidney Injury	Presentation, Discustion

14	Nutrition in Nephrotic syndrome	Presentation, Discustion
15	Principles of Nutrition of Dialysis Patients	Presentation, Discustion
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Course Presentations Notes		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	To be able to gain the knowledge of food groups	1,2,5	1
2	To be able to understand the importance of adequate and balanced nutrition.	5	1
3	Defining the nutritional factors that are effective in the treatment of kidney diseases	1,2,6,7	1,2
4	Explain the healthy eating principles	1,2,5	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	2	28
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	2	28
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	1	1
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	1	1
16	Final Exam	1	1	1
				<b>60</b>