

# TOROS ÜNİVERSİTESİ

Vocational School  
Cooking

## Course Information

| FIRST AID |          |             |          |                 |             |
|-----------|----------|-------------|----------|-----------------|-------------|
| Code      | Semester | Theoretical | Practice | National Credit | ECTS Credit |
|           |          | Hour / Week |          |                 |             |
| AŞÇ 119   | Fall     | 2           | 0        | 2               | 4           |

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Prerequisites and co-requisites</b>      | NONE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Language of instruction</b>              | Turkish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Type</b>                                 | Required                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Level of Course</b>                      | Associate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Lecturer</b>                             | LECT. AYNUR ÇELİK                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Mode of Delivery</b>                     | Face to Face                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Suggested Subject</b>                    | NONE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Professional practise ( internship )</b> | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Objectives of the Course</b>             | Having information about first aid, knowing importance, knowing and implementing basic first aid practices                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Contents of the Course</b>               | What is First Aid ?, Basic principles of First Aid Artificial respiration, Heart rest and massage Traffic accidents and first aid Wounds and important area injuries, Fractures and dislocations Burns, Poisonings, Insect infestations Drowning in water, sunburn, frost Loss of consciousness, Respiratory arrest, Bleeding, Shock Basic life support in children First aid for traumatic children First aid in special cases Poisoning Traumatic child transportu Cardiopulmonary resuscitation (CPR) |

## Learning Outcomes of Course

| # | Learning Outcomes                                |
|---|--------------------------------------------------|
| 1 | Apply basic principles of first aid              |
| 2 | Providing basic life support                     |
| 3 | Applying first aid in case of injury             |
| 4 | First aid in fractures, dislocations and sprains |
| 5 | Apply first aid in poisoning                     |
| 6 | Moving patients or wounded                       |
| 7 | Apply first aid in the blood                     |

## Course Syllabus

| # | Subjects                                             | Teaching Methods and Technics |
|---|------------------------------------------------------|-------------------------------|
| 1 | Basic practices of first aid                         | Lecture, practice             |
| 2 | basic life support                                   | Lecture, practice             |
| 3 | basic life support                                   | Lecture, practice             |
| 4 | First aid in obstructing the respiratory tract       | Lecture, practice             |
| 5 | External and internal bleeds, shock                  | Lecture, practice             |
| 6 | Wound and wound types, first aid in case of injuries | Lecture, practice             |
| 7 | Exam                                                 |                               |
| 8 | First aid in regional injuries                       | Lecture, practice             |

|    |                                              |                   |
|----|----------------------------------------------|-------------------|
| 9  | First aid in broken sprained sprains         | Lecture, practice |
| 10 | Patient transportation methods               | Lecture, practice |
| 11 | Other situations where first aid is required | Lecture, practice |
| 12 | Other situations where first aid is required | Lecture, practice |
| 13 | Other situations where first aid is required | Lecture, practice |
| 14 | Other situations where first aid is required | Lecture, practice |
| 15 | Other situations where first aid is required | Lecture, practice |
| 16 | Final Exam                                   |                   |

## Course Syllabus

| # | Material / Resources                                                     | Information About Resources | Reference / Recommended Resources |
|---|--------------------------------------------------------------------------|-----------------------------|-----------------------------------|
| 1 | Books, CDs, internet media, videos, lecture notes, practice human models |                             |                                   |

## Method of Assessment

| # | Weight | Work Type     | Work Title    |
|---|--------|---------------|---------------|
| 1 | 40%    | Mid-Term Exam | Mid-Term Exam |
| 2 | 60%    | Final Exam    | Final Exam    |

## Relationship between Learning Outcomes of Course and Program Outcomes

| # | Learning Outcomes                                | Program Outcomes | Method of Assessment |
|---|--------------------------------------------------|------------------|----------------------|
| 1 | Apply basic principles of first aid              | 5                | 1,2                  |
| 2 | Providing basic life support                     | 1                | 1,2                  |
| 3 | Applying first aid in case of injury             | 1                | 1,2                  |
| 4 | First aid in fractures, dislocations and sprains | 1                | 1,2                  |
| 5 | Apply first aid in poisoning                     | 2,3,4,5,6,11     | 1,2                  |
| 6 | Moving patients or wounded                       | 2,3,4,5,6,7,9,11 | 1,2                  |
| 7 | Apply first aid in the blood                     | 1,2,3,4,5,6,11   | 1,2                  |

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

| #  | Type of Work                                                  | Quantity | Time (Hour) | Work Load |
|----|---------------------------------------------------------------|----------|-------------|-----------|
| 1  | Course Duration                                               | 14       | 2           | 28        |
| 2  | Course Duration Except Class (Preliminary Study, Enhancement) | 14       | 4           | 56        |
| 3  | Presentation and Seminar Preparation                          | 0        | 0           | 0         |
| 4  | Web Research, Library and Archival Work                       | 1        | 5           | 5         |
| 5  | Document/Information Listing                                  | 0        | 0           | 0         |
| 6  | Workshop                                                      | 0        | 0           | 0         |
| 7  | Preparation for Midterm Exam                                  | 1        | 2           | 2         |
| 8  | Midterm Exam                                                  | 0        | 0           | 0         |
| 9  | Quiz                                                          | 0        | 0           | 0         |
| 10 | Homework                                                      | 0        | 0           | 0         |
| 11 | Midterm Project                                               | 0        | 0           | 0         |

|    |                            |   |    |            |
|----|----------------------------|---|----|------------|
| 12 | Midterm Exercise           | 0 | 0  | 0          |
| 13 | Final Project              | 1 | 5  | 5          |
| 14 | Final Exercise             | 0 | 0  | 0          |
| 15 | Preparation for Final Exam | 1 | 12 | 12         |
| 16 | Final Exam                 | 0 | 0  | 0          |
|    |                            |   |    | <b>108</b> |