

# TOROS ÜNİVERSİTESİ

School Of Health Sciences  
Nursing And Health Services

## Course Information

NURSING PRINCIPLES					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
HEM108	Spring	6	12	12	11

<b>Prerequisites and co-requisites</b>	
<b>Language of instruction</b>	Turkish
<b>Type</b>	Required
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	Assist.Prof.Dr.Nazife AKAN
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	None
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	The aim of this course is; To provide students with the basic philosophy of nursing and to understand the role of the nurse in the health care system and to provide basic nursing care and education skills in order to protect and improve the health of the patient in terms of basic theories, concepts and principles in nursing care.
<b>Contents of the Course</b>	Hospital environment patient acceptance discharge procedures. Body mechanics ,movements and positions .3 Sleep rest, self-care and hygiene practices. Hot cold applications and other applications. Nursing process and its applications. Liquid electrolyte balance and imbalances.Taking and implementing follow-up and application .Vital findings.Drug applications.Respiratory system applications.Uriner system applications.Gastrointestinal system applications.

## Learning Outcomes of Course

#	Learning Outcomes
1	Can list basic human needs.
2	Can applied aseptic techniques
3	Can evaluate and apply the patient's self-care needs.
4	Can apply the nursing process in patient care
5	Can measure and assess life findings
6	Can applie enteral and parenteral medicine
7	Can make appropriate nursing skills specific to the system.
8	It can associate nursing initiatives with daily life activities.

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Hospital environment patient acceptance discharge procedures	Presentation, discussion,
2	Body mechanics and movements	Presentation, discussion, practice
3	Positions	Presentation, discussion, practice
4	Sleep rest, self-care and hygiene practices	Presentation, discussion, practice
5	Hot cold applications and other applications	Presentation, discussion, practice

6	Nursing process and its applications	Presentation, discussion, practice
7	Liquid electrolyte balance and imbalances	Presentation, discussion, practice
8	Midterm exam	Presentation, discussion, practice
9	Taking implementing follow-up and application	Presentation, discussion, practice
10	Vital findings	Presentation, discussion, practice
11	Drug applications	Presentation, discussion, practice
12	Respiratory system applications	Presentation, discussion, practice
13	Uriner system applications	Presentation, discussion, practice
14	Gastrointestinal system applications	Presentation, discussion, practice
15	General evaluation	Discussion.
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Atalay M (1997) Hemşirelik Esasları El Kitabı. Birlik Ofset Ltd. Şti., İstanbul.		
2	Ay FA, Ertem Ü T, Özcan N K, Güneş B, Işık R D, Savran S (2008) Temel Hemşirelik Kavramlar, İlkeler, Uygulamalar (Ed: Fatma Akça Ay). İstanbul Medikal Yayıncılık, İstanbul.		
3	Ay FA (Editör) (2011) Sağlık Uygulamalarında Temel Kavramlar ve Beceriler. Nobel Tıp Kitabevleri, İstanbul		
4	Babadağ K, Aştı T A (2008) Hemşirelik Esasları Uygulama Rehberi. İstanbul Medikal Yayıncılık, İstanbul Tıp Kitabevi, İstanbul.		
5	Birol L (2009) Hemşirelik Süreci. Etki Matbaacılık ve Yayıncılık, İzmir.		
6	Erdemir F (Çeviren)(2005) Hemşirelik Tanıları El Kitabı. Nobel Tıp Kitabevleri. İstanbul		
7	Öz F (2004) Sağlık Alanında Temel Kavramlar. İmaj İç ve Dış Ticaret A.Ş., Ankara.		
8	Potter- Perry (2005) Fundamentals of Nursing. Elsevier Mosby, 6th Edition		
9	Sabuncu N, Alpar Ş A, Özdiilli K, Batmaz M, Bahçecik N, Özhan F, Dursun S (2008) Hemşirelik Bakımında İlke ve Uygulamalar (Ed: Necmiye Sabuncu). Alter Yayıncılık, Ankara.		
10	Sabuncu N, Alpar Ş A, Karabacak Ü, Karabacak B G, Şenturan L, Orak N Ş, Şahin A O (2008) Hemşirelik Esasları Temel Beceriler Rehberi. İstanbul Medikal Yayıncılık. İstanbul Tıp Kitabevi, İstanbul.		
11	Taylor, C., Lillis, C., LeMone, P. (2001). Fundamentals of Nursing The Art and Science of Nursing Care (4. bs.). Philadelphia: Lippincott Williams&Wilkins		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Can list basic human needs.	1,3,5,10	1,2
2	Can applied aseptic techniques	2,3,4,9,10	1,2
3	Can evaluate and apply the patient's self-care needs.	1,3,4,6,8,9,10	1,2
4	Can apply the nursing process in patient care	1,3,4,6,7,8,10,11	1,2
5	Can measure and assess life findings	3,4,7,8,9,10	1,2
6	Can applie enteral and parenteral medicine	2,3,4,8,10,11,12	1,2

7	Can make appropriate nursing skills specific to the system.	1,3,4,5,6,7,8,9,10	1,2
8	It can associate nursing initiatives with daily life activities.	2,3,4,5,6,7,8,9,10	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	18	252
2	Course Duration Except Class (Preliminary Study, Enhancement)	0	0	0
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	0	0	0
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	16	16
16	Final Exam	1	1	1
				<b>270</b>