

TOROS ÜNİVERSİTESİ

Vocational School
Physiotherapy

Course Information

MESSAGE TECHNIQUES AND APPLICATION					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
FTR202	Spring	2	2	3	7

Prerequisites and co-requisites	None
Language of instruction	Turkish
Type	Required
Level of Course	Associate
Lecturer	Öğr. Gör. Yasemin SALKIN
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	Basic definitions and concepts of massage application; Teaching classical massage practices.
Contents of the Course	Basic definitions and concepts; Classic massage practices Conjunctive massage applications; Indications of massage applications - contraindications; Physiological effects of massage applications; Psychological effects of massage applications; Systematic effects of massage applications; Practical teaching of massage applications.

Learning Outcomes of Course

#	Learning Outcomes
1	
2	
3	
4	

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Basic definitions and concepts	Subject expression, question and answer, explanation
2	Classic massage practices	Subject expression, question and answer, explanation
3	Classic massage practices	Subject expression, question and answer, explanation
4	Conductive massage applications	Subject expression, question and answer, explanation
5	Conductive massage applications	Subject expression, question and answer, explanation
6	Indications of massage applications	Subject expression, question and answer, explanation
7	An overview	Subject expression, question and answer, explanation
8	Midterm	Writing
9	Contraindications of massage applications	Subject expression, question and answer, explanation
10	Physiological effects of massage applications;	Subject expression, question and answer, explanation
11	Physiological effects of massage applications;	Subject expression, question and answer, explanation
12	Psychological effects of massage applications;	Subject expression, question and answer, explanation

13	Systematic effects of massage applications	Subject expression, question and answer, explanation
14	Practical teaching of massage applications.	Subject expression, question and answer, explanation
15	Practical teaching of massage applications.	Subject expression, question and answer, explanation
16	Final Exam	Writing

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Massage Techniques / Prof. Dr. İnci Yüksel / Pelikan Yayıncılık		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1		2,3	1,2
2		1,11	1,2
3		1,12	1,2
4		2,6,7	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	4	56
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	6	84
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	14	1	14
7	Preparation for Midterm Exam	1	16	16
8	Midterm Exam	1	2	2
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	4	4	16
15	Preparation for Final Exam	1	20	20
16	Final Exam	1	2	2
				210

