

TOROS ÜNİVERSİTESİ

Vocational School
Physiotherapy

Course Information

HYDROTHERAPY-BALNEOTHERAPY					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
FTR102	Spring	3	0	3	4

Prerequisites and co-requisites	None
Language of instruction	Turkish
Type	Required
Level of Course	Associate
Lecturer	Öğr. Gör. Yasemin SALKIN
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	This is to help the learners learn the basic application and theoretical knowledge of hydrotherapy and balneotherapy at the cure center.
Contents of the Course	Examination of Cure Center, Examination of properties of aquatic rehabilitation pools, Cure Center-Hydrotherapy Practices, Cure Center-Balneotherapy Practices, Cure Center-Peloid Practices

Learning Outcomes of Course

#	Learning Outcomes
1	Define cure centers
2	It helps in hydrotherapy, balneotherapy and peloid applications in the cure center.
3	They are aware of their duties and responsibilities and use them in the working environment.
4	It depends on your teamwork understanding.

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	The development of medical hydrochemistry	Subject expression, question and answer, explanation
2	Ecologic medicine	Subject expression, question and answer, explanation
3	Spa medicine and spa treatment	Subject expression, question and answer, explanation
4	Thermal, mineral and thermominal waters in spa treatment	Subject expression, question and answer, explanation
5	Balneotherapy methods	Subject expression, question and answer, explanation
6	The mechanism of action of thermominal water baths	Subject expression, question and answer, explanation
7	Inhalation applications	Subject expression, question and answer, explanation
8	Midterm	Writing
9	Peloid applications	Subject expression, question and answer, explanation
10	Talassotherapy	Subject expression, question and answer, explanation
11	Climatotherapy	Subject expression, question and answer, explanation
12	Spa treatment in rheumatoid diseases	Subject expression, question and answer, explanation

13	Spa treatment in old age	Subject expression, question and answer, explanation
14	Covered with hygiene	Subject expression, question and answer, explanation
15	An overview	Subject expression, question and answer, explanation
16	Final Exam	Writing

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Balneology and spa medicine m. Clever kaaragülle, nobel medicine kitabevleri, 2002		
2	Water rehabilitation / Hülya Yücel / Istanbul medical bookstore		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Define cure centers	1,2	1,2
2	It helps in hydrotherapy, balneotherapy and peloid applications in the cure center.	2,6,7,10	1,2
3	They are aware of their duties and responsibilities and use them in the working environment.	3,12	1,2
4	It depends on your teamwork understanding.	2,4	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	4	56
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	8	8
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	12	12
16	Final Exam	1	1	1

