

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

COUNSELING PSYCHOLOGY II					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY434	Spring	3	0	3	4

Prerequisites and co-requisites	none
Language of instruction	Turkish
Type	Elective
Level of Course	Bachelor's
Lecturer	
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	To have knowledge of counseling approaches and their techniques.
Contents of the Course	Discussion of goals, principles and techniques of different psychological counseling theories, examination of psychological counseling process in terms of different psychological counseling theories. Personal characteristics of psychological counselor, professional ethics, burn out, multicultural counseling.

Learning Outcomes of Course

#	Learning Outcomes
1	say the goals, principles and techniques of different psychological counseling theories.
2	discuss similarities and differences between different psychological counseling theories.
3	know strengths and limitations of counseling approaches.
4	compare counseling applications according to different approaches.
5	criticize the counseling applications characteristics.

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Meeting	presentation and discussion
2	Professional counselor as an individual, ethical principles	presentation and discussion
3	Psychoanalytic Therapy	presentation and discussion
4	Adlerian Therapy	presentation and discussion
5	Existential Therapy	presentation and discussion
6	Client-Centered Therapy	presentation and discussion
7	Gestalt Therapy	presentation and discussion
8	Midterm	
9	Behavioral Therapy	presentation and discussion
10	Cognitive Behavior Therapy	presentation and discussion
11	Submitting homework	presentation and discussion

12	Reality Therapy	presentation and discussion
13	Multicultural counseling	presentation and discussion
14	Burn out	presentation and discussion
15	Burn out	presentation and discussion
16	Final Exam	

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Corey G. (2005). Theory and Practice of Group counseling 7 th Ed. (International Student Ed.) California, Thomson: Brooks/Cole Pub.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	say the goals, principles and techniques of different psychological counseling theories.	1,2,7	1,2
2	discuss similarities and differences between different psychological counseling theories.	1,2,7	1,2
3	know strengths and limitations of counseling approaches.	1,2,5,7	1,2
4	compare counseling applications according to different approaches.	1,2,5,7	1,2
5	criticize the counseling applications characteristics.	1,2,5,8,12	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	0	0	0
8	Midterm Exam	1	3	3
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	0	0	0
16	Final Exam	1	3	3

