

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

PSYCHOTHERAPY TECHNIQUES II					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY302	Spring	3	0	3	5

Prerequisites and co-requisites	none
Language of instruction	Turkish
Type	Required
Level of Course	Bachelor's
Lecturer	
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	The aim of this course isto provide information about different theories of psychotherapy within the historical perspective.
Contents of the Course	This course introduces the major theories of psychotherapy. The different approaches of psychotherapy will be compared and contrasted in the effort to provide students a critical framework.

Learning Outcomes of Course

#	Learning Outcomes
1	to Recognize different psychotherapy techniques
2	Explain the historical development of psychotherapy theories. Recall information about the first, second, and the third forces of psychotherapy
3	Compare how the different theories and applications work with diverse population groups. Define critical microskills necessary to master different theories.
4	have the knowledge about the principles of psychological measurment and psychological tests.
5	use creativity and critical thinking skills in the field of psychology.

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	"INDIVIDUAL PSYCHOLOGY -History "	Synchronous
2	Personality Theory and the Development of the Individual	Synchronous
3	Evaluation of the Theory	Synchronous
4	EXISTENTIALIST THERAPY	Synchronous
5	Basic Philosophy	Synchronous
6	Final Issues	Synchronous
7	Midterm	Online
8	Personality Theory and the Development of the Individual	Synchronous
9	Therapy Process	Synchronous
10	BEHAVIORAL THERAPY	Synchronous

11	"Basic Philosophy Principles of Behavioral Therapy "	Synchronous
12	Therapeutic Atmosphere Overview	Synchronous
13	"AARON BECK COGNITIVE THERAPY Development of Cognitive Therapy "	Synchronous
14	"SCHEME THERAPY: - EVALUATION OF COGNITIVE THERAPY "	Synchronous
15	Final Exam	Online
16		

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	PSİKOLOJİK DANIŞMA VE PSİKOTERAPİ KURAMLARI Olgu Sunumu Yaklaşımıyla” Nancy L. MURDOCK - Çeviri Editörü: Prof. Dr. Füsun AKKOYUN		
2	PSİKOLOJİK DANIŞMA VE PSİKOTERAPİ KURAMLARI SİSTEMLER, STRATEJİLER VE BECERİLER” Linda SELIGMAN, Lourie W. REICHENBERG Çeviren: Dr. Öğr. Üyesi E. Ercüment YERLİ KAYA Kitabın orijinal adı: Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills Baskı sayısı: 4. Baskı Orijinal ISBN: 978-0-13-285170-1 Yayınevi: Pearson 2019, PEGEM A K A D E M İ.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	to Recognize different psychotherapy techniques	15	1,2
2	Explain the historical development of psychotherapy theories. Recall information about the first, second, and the third forces of psychotherapy	15	1,2
3	Compare how the different theories and applications work with diverse population groups. Define critical microskills necessary to master different theories.	14	1,2
4	have the knowledge about the principles of psychological measurement and psychological tests.	14	1,2
5	use creativity and critical thinking skills in the field of psychology.	14	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	25	25
8	Midterm Exam	1	7	7
9	Quiz	0	0	0

10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	27	27
16	Final Exam	1	7	7
				150