

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

ADDICTION PSYCHOLOGY					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY339	Fall	3	0	3	5

Prerequisites and co-requisites	none
Language of instruction	Turkish
Type	Elective
Level of Course	Bachelor's
Lecturer	Dr. Bülent TANSEL
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	Provide basic information regarding the neurobiological mechanisms and behavioral effects of abused substances.
Contents of the Course	This course covers basic information on different aspects of substance abuse, such as neuropharmacology, toxicity, addiction, prevention, and treatment.

Learning Outcomes of Course

#	Learning Outcomes
1	Explain and compare the underlying assumptions of current treatment approaches for substance abuse
2	Compare and contrast the information on this issue gathered through mass media with information obtained from this course
3	Explain how abused substances affect brain
4	Give examples of route of administration and behavioral effects of abused substances
5	Classify abused substances

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	History of Addiction; Old and new approaches in addiction, addiction types and classification	Synchronous and Asynchronous
2	Human Brain and Addiction; Brain and addiction, consciousness states and addiction, personality addiction relationship, addiction according to psychology teachings,	Synchronous and Asynchronous
3	Behavioral Addictions; Internet addiction, its development, treatment of internet addicts, psychological Treatment of internet addiction according to theories.	Synchronous and Asynchronous
4	Behavioral Addictions; The relationship between gambling addiction, impulse disorder and gambling addiction, treatment of gambling addicts,	Synchronous and Asynchronous
5	Behavioral Addictions; Shopping addiction, studies with addicts, research findings, treatment.	Synchronous and Asynchronous
6	Behavioral Addictions; Sex addiction, studies with addicts, research findings, treatment	Synchronous and Asynchronous
7	Physical Addictions; Tobacco and Tobacco Derivatives Addiction, studies with addicts, research symptoms,	Synchronous and

	treatment.	Asynchronous
8	Mid-term	online
9	Physical Addictions; Alcohol and Its Derivatives Addiction, physiological development of alcohol addiction, its effects, alcohol treatment of addiction	Synchronous and Asynchronous
10	Physical Addictions; Substance addiction, its types, physiological development and effects of substance addiction.	Synchronous and Asynchronous
11	Cannabis and Heroin used in Substance Addiction, Derivatives, properties, effects on users.	Synchronous and Asynchronous
12	Cocaine, Synthetic Drugs and Derivatives used in Substance Addiction, properties, users effects on.	Synchronous and Asynchronous
13	Development of Substance Addiction from Childhood to Adulthood, Recognition and behavior patterns of substance users, Evaluation of psycho-social situations and life skills.	Synchronous and Asynchronous
14	Multidisciplinary approaches to drug users, treatment methods, pre-treatment, treatment working with addicts and its legal aspects after treatment.	Synchronous and Asynchronous
15	Working with addicts, psycho-therapeutic approaches, CASE Reviews.	Synchronous and Asynchronous
16	Final Exam	online

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Ford Brooks and Bill Mc Henry (2009). A Contemporary Approach to Substance Abuse and Addiction Counseling A Counselors Guide to Application and Understanding.		
2	Ryan Frank (2013). Cognitive Therapy for Addiction, Motivation and Change		
3	Marry Mc Murray (1997). The Psychological of Addiction.		
4	Marcus Maranne and Zgierska Aleksandra (2012). Mindfulness Related Treatments and Addiction Recovery.		
5	Gary L. Fisher, Thomas C. Harrison (2009). Substance abuse:information for school counselors, social workers, therapists and counselors.		
6	İlkay Kasatura (1998). Gençlik ve Bağımlılık, Evrim Yayınları, İstanbul. Özcan Köknel (2013). Alkol ve Madde Bağımlılığı, Altın Yayınları, İstanbul.		
7	Nevzat Tarhan ve Serdar Urmedov (2013). Bağımlılık, Timaş Yayınları, İstanbul. Kültegin Ögel (2017). Bağımlılı ve Tedavisi hakkında her şey. Bağımlılık ve Tedavisi temel kitabı, IQ Kültür Sanat Yayıncılık, İstanbul.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Explain and compare the underlying assumptions of current treatment approaches for substance abuse	1,2,5	1,2
2	Compare and contrast the information on this issue gathered through mass media with information obtained from this course	1,2,3,6	1,2
3	Explain how abused substances affect brain	1,2,3,5	1,2
4	Give examples of route of administration and behavioral effects of abused substances	1,2,5,6,7	1,2
5	Classify abused substances	1,2,7,8,9	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	3	3
8	Midterm Exam	1	3	3
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	3	3
16	Final Exam	1	3	3
				96