

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

| CRISIS INTERVENTION TECHNIQUES | | | | | |
|--------------------------------|----------|-------------|----------|-----------------|-------------|
| Code | Semester | Theoretical | Practice | National Credit | ECTS Credit |
| | | Hour / Week | | | |
| PSY320 | Spring | 3 | 0 | 3 | 5 |

| | |
|---|--|
| Prerequisites and co-requisites | none |
| Language of instruction | Turkish |
| Type | Elective |
| Level of Course | Bachelor's |
| Lecturer | Assist. Prof. Dr. Feyruz USLUOĞLU |
| Mode of Delivery | Face to Face |
| Suggested Subject | none |
| Professional practise (internship) | None |
| Objectives of the Course | The aim of the course is to examine the psychosocial effects of disasters and traumatic events. |
| Contents of the Course | This course includes the psychological effects of disaster and traumatic events and psychosocial intervention. |

Learning Outcomes of Course

| # | Learning Outcomes |
|---|--|
| 1 | Acquire knowledge on symptoms and etiology of trauma. |
| 2 | Learn what the individual and wide scale traumas are. |
| 3 | Distinguish the post traumatic reactions. |
| 4 | Explain the post disaster phases. |
| 5 | Learn approaches of intervening to post-traumatic disorders. |

Course Syllabus

| # | Subjects | Teaching Methods and Technics |
|----|--|--|
| 1 | Getting Started, What is Crisis and Trauma? | presentation and discussion |
| 2 | Disasters as a Traumatic Experience | presentation and discussion |
| 3 | Effects of Trauma | Face-to-face, lecturing and discussing |
| 4 | Fundamental Issues in Trauma Treatment | Face-to-face, lecturing and discussing |
| 5 | Psycho-Education, Reducing Stress and Affect Regulation Training | Face-to-face, lecturing and discussing |
| 6 | Cognitive Interventions, | Face-to-face, lecturing and discussing |
| 7 | Emotional Processing | Face-to-face, lecturing and discussing |
| 8 | Mid-Term Exam | |
| 9 | The Concept of Grief and Models of Grief Process | Face-to-face, lecturing and discussing |
| 10 | Uncomplicated Grief | Face-to-face, lecturing and discussing |
| 11 | Uncomplicated Grief | Face-to-face, lecturing and discussing |
| 12 | Complicated Grief | Face-to-face, lecturing and discussing |

| | | |
|----|-------------------|--|
| 13 | Complicated Grief | Face-to-face, lecturing and discussing |
| 14 | Resolutions | Face-to-face, lecturing and discussing |
| 15 | Exam Preparation | Face-to-face, lecturing and discussing |
| 16 | Final Exam | |

Course Syllabus

| # | Material / Resources | Information About Resources | Reference / Recommended Resources |
|---|--|-----------------------------|-----------------------------------|
| 1 | Briere, J. ve Scott, C. (2006). Principles of trauma therapy: A guide to symptoms, evaluation and treatment. CA: Sage Publications. | | |
| 2 | Volkan, V. D., & Zintl, E. (1993). Life after loss: the lessons of grief. Karnac Books | | |
| 3 | Berger, R. (2015). Stress, trauma and posttraumatic growth: Social context, environment and identities. NY: Routledge. | | |
| 4 | Erdur-Baker, Ö., ve Doğan, T. (Ed.) (2017). Afetler, travmalar ve psikolojik yardım. Ankara: Türk Psikolojik Danışma ve Rehberlik Derneği. | | |

Method of Assessment

| # | Weight | Work Type | Work Title |
|---|--------|---------------|---------------|
| 1 | 40% | Mid-Term Exam | Mid-Term Exam |
| 2 | 60% | Final Exam | Final Exam |

Relationship between Learning Outcomes of Course and Program Outcomes

| # | Learning Outcomes | Program Outcomes | Method of Assessment |
|---|--|------------------|----------------------|
| 1 | Acquire knowledge on symptoms and etiology of trauma. | 1,2,10,11 | 1,2 |
| 2 | Learn what the individual and wide scale traumas are. | 1,2,10,11,12 | 1,2 |
| 3 | Distinguish the post traumatic reactions. | 1,2,3,7,8 | 1,2 |
| 4 | Explain the post disaster phases. | 12,13 | 1,2 |
| 5 | Learn approaches of intervening to post-traumatic disorders. | 1,2,3,5,6 | 1,2 |

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

| # | Type of Work | Quantity | Time (Hour) | Work Load |
|----|---|----------|-------------|-----------|
| 1 | Course Duration | 14 | 3 | 42 |
| 2 | Course Duration Except Class (Preliminary Study, Enhancement) | 14 | 3 | 42 |
| 3 | Presentation and Seminar Preparation | 0 | 0 | 0 |
| 4 | Web Research, Library and Archival Work | 0 | 0 | 0 |
| 5 | Document/Information Listing | 0 | 0 | 0 |
| 6 | Workshop | 0 | 0 | 0 |
| 7 | Preparation for Midterm Exam | 1 | 5 | 5 |
| 8 | Midterm Exam | 1 | 2 | 2 |
| 9 | Quiz | 0 | 0 | 0 |
| 10 | Homework | 0 | 0 | 0 |
| 11 | Midterm Project | 0 | 0 | 0 |
| 12 | Midterm Exercise | 0 | 0 | 0 |

| | | | | |
|----|----------------------------|---|---|------------|
| 13 | Final Project | 0 | 0 | 0 |
| 14 | Final Exercise | 0 | 0 | 0 |
| 15 | Preparation for Final Exam | 1 | 5 | 5 |
| 16 | Final Exam | 1 | 5 | 5 |
| | | | | 101 |