

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

CRISIS INTERVENTION TECHNIQUES					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY320	Spring	3	0	3	5

Prerequisites and co-requisites	none
Language of instruction	Turkish
Type	Elective
Level of Course	Bachelor's
Lecturer	Assist. Prof. Dr. Feyruz USLUOĞLU
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	The aim of the course is to examine the psychosocial effects of disasters and traumatic events.
Contents of the Course	This course includes the psychological effects of disaster and traumatic events and psychosocial intervention.

Learning Outcomes of Course

#	Learning Outcomes
1	Acquire knowledge on symptoms and etiology of trauma.
2	Learn what the individual and wide scale traumas are.
3	Distinguish the post traumatic reactions.
4	Explain the post disaster phases.
5	Learn approaches of intervening to post-traumatic disorders.

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Getting Started, What is Crisis and Trauma?	presentation and discussion
2	Disasters as a Traumatic Experience	presentation and discussion
3	Effects of Trauma	Face-to-face, lecturing and discussing
4	Fundamental Issues in Trauma Treatment	Face-to-face, lecturing and discussing
5	Psycho-Education, Reducing Stress and Affect Regulation Training	Face-to-face, lecturing and discussing
6	Cognitive Interventions,	Face-to-face, lecturing and discussing
7	Emotional Processing	Face-to-face, lecturing and discussing
8	Mid-Term Exam	
9	The Concept of Grief and Models of Grief Process	Face-to-face, lecturing and discussing
10	Uncomplicated Grief	Face-to-face, lecturing and discussing
11	Uncomplicated Grief	Face-to-face, lecturing and discussing
12	Complicated Grief	Face-to-face, lecturing and discussing

13	Complicated Grief	Face-to-face, lecturing and discussing
14	Resolutions	Face-to-face, lecturing and discussing
15	Exam Preparation	Face-to-face, lecturing and discussing
16	Final Exam	

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Briere, J. ve Scott, C. (2006). Principles of trauma therapy: A guide to symptoms, evaluation and treatment. CA: Sage Publications.		
2	Volkan, V. D., & Zintl, E. (1993). Life after loss: the lessons of grief. Karnac Books		
3	Berger, R. (2015). Stress, trauma and posttraumatic growth: Social context, environment and identities. NY: Routledge.		
4	Erdur-Baker, Ö., ve Doğan, T. (Ed.) (2017). Afetler, travmalar ve psikolojik yardım. Ankara: Türk Psikolojik Danışma ve Rehberlik Derneği.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Acquire knowledge on symptoms and etiology of trauma.	1,2,10,11	1,2
2	Learn what the individual and wide scale traumas are.	1,2,10,11,12	1,2
3	Distinguish the post traumatic reactions.	1,2,3,7,8	1,2
4	Explain the post disaster phases.	12,13	1,2
5	Learn approaches of intervening to post-traumatic disorders.	1,2,3,5,6	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	5	5
8	Midterm Exam	1	2	2
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0

13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	5	5
16	Final Exam	1	5	5
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