

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

HUMANISTIC THERAPIES					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY337	Fall	3	0	3	5

<b>Prerequisites and co-requisites</b>	none
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	to adress main point of humanistic terapies delebarely.
<b>Contents of the Course</b>	therapic processes, advantage of humanistic terapies and critiscs to humanistic terapies.

## Learning Outcomes of Course

#	Learning Outcomes
1	to increase awareness of individuals
2	to motivate people to develop healtyrelationship with themselves and others
3	to show them how to become aware of their potential
4	to stress the importance of understand the choices they made

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	the definitaion of humanistic terapies	discussion and presentation
2	the historyand development of humanistic terapies	discussion and presentation
3	Self-actualization	discussion and presentation
4	Self-actualization	discussion and presentation
5	person-centered therapy	discussion and presentation
6	person-centered therapy	discussion and presentation
7	person-centered therapy	discussion and presentation
8	mid-term	
9	therapatic processes	discussion and presentation
10	basic existantial and humanistic conditions	discussion and presentation
11	the strenght of humanistic theories	discussion and presentation
12	the weakness of humanistic theories	discussion and presentation
13	critics to humanistic therapy	discussion and presentation
14	presentation	discussion and presentation

15	presentation	discussion and presentation
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Schneider, K. J. ve Krug, O. T. - Varoluşçu-Hümanistik terapi - 2015		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	to increase awareness of individuals	1,2,7	1,2
2	to motivate people to develop healthy relationship with themselves and others	7,14	1,2
3	to show them how to become aware of their potential	6,7,14	1,2
4	to stress the importance of understand the choices they made	5,6,14	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	0	0	0
8	Midterm Exam	1	2	2
9	Quiz	0	0	0
10	Homework	2	5	10
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	5	5
16	Final Exam	1	3	3
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