

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

IN GROUP COUNSELING AND PSYCHODRAMA I					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY441	Fall	3	0	3	5

<b>Prerequisites and co-requisites</b>	none
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	Assist. Prof. Dr. Feyruz USLUOĞLU
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	This course will provide students with a foundational understanding of the knowledge and skills required to lead counseling groups. Moreover, this course is designed to help students to recognize the basic principles and practice of group counseling, planning and stages of group development, facilitative skills, and ethical issues related to counseling in a group environment.
<b>Contents of the Course</b>	Types of groups, stages of group counseling, facilitative leadership skills, roles of group members and ethical issues in group counseling.

## Learning Outcomes of Course

#	Learning Outcomes
1	To be able to identify the characteristics of different types of groups, including task groups, psycho-educational groups, counseling groups and therapy groups.
2	To be able to identify the principles of group dynamics, including components of group process and developmental stages of a group.
3	To be able to summarize the group leadership styles and approaches, the characteristics of various types of group leaders and the relationship between leadership styles and group functioning.
4	To be able to examine major facilitative and debilitative roles and behaviors that group members may take.
5	To be able to compare and contrast different group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, group structuring and facilitation skills.

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Introduction and meeting	Online, lecture, question and answer, discussion
2	Nature and structure of the group	Online, lecture, question and answer, discussion
3	Nature and structure of the group	Online, lecture, question and answer, discussion
4	The logical framework and group types of psychological counseling groups	Online, lecture, question and answer, discussion
5	The logical framework and group types of psychological counseling groups	Online, lecture, question and answer, discussion
6	Ethics in Group Counseling	Online, lecture, question and answer, discussion
7	Ethics in Group Counseling	Online, lecture, question and answer, discussion
8	midterm	Online

9	Planning and forming the group	Online, lecture, question and answer, discussion
10	Planning and forming the group	Online, lecture, question and answer, discussion
11	The initial phase in psychological counseling groups	Online, lecture, question and answer, discussion
12	The initial phase in psychological counseling groups	Online, lecture, question and answer, discussion
13	Transition phase in psychological counseling groups	Online, lecture, question and answer, discussion
14	Transition phase in psychological counseling groups	Online, lecture, question and answer, discussion
15	Action stage in psychological counseling groups	Online, lecture, question and answer, discussion
16	Final Exam	Online

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Demir, A., ve Koydemir, s. (Ed.) (2019). Grupla psikolojik danışma (9. Baskı). Ankara: Pegem Yayı. Çivitçi, A. (2019). Grup psikoeğitimi (2. Baskı). Ankara: Pegem Akdemi		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	To be able to identify the characteristics of different types of groups, including task groups, psycho-educational groups, counseling groups and therapy groups.	1,2,12	1,2
2	To be able to identify the principles of group dynamics, including components of group process and developmental stages of a group.	1,2,3	1,2
3	To be able to summarize the group leadership styles and approaches, the characteristics of various types of group leaders and the relationship between leadership styles and group functioning.	1,2,12	1,2
4	To be able to examine major facilitative and debilitative roles and behaviors that group members may take.	1,2,12,13	1,2
5	To be able to compare and contrast different group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, group structuring and facilitation skills.	1,2,12,13	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	1	3	3
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	10	10
8	Midterm Exam	1	2	2
9	Quiz	0	0	0

10	Homework	1	10	10
11	Midterm Project	0	0	0
12	Midterm Exercise	2	5	10
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	12	12
16	Final Exam	1	2	2
				<b>133</b>