

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

COUNSELING PSYCHOLOGY II					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY434	Spring	3	0	3	5

<b>Prerequisites and co-requisites</b>	none
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	To have knowledge of counseling approaches and their techniques.
<b>Contents of the Course</b>	Discussion of goals, principles and techniques of different psychological counseling theories, examination of psychological counseling process in terms of different psychological counseling theories. Personal characteristics of psychological counselor, professional ethics, burn out, multicultural counseling.

## Learning Outcomes of Course

#	Learning Outcomes
1	say the goals, principles and techniques of different psychological counseling theories.
2	discuss similarities and differences between different psychological counseling theories.
3	know strengths and limitations of counseling approaches.
4	compare counseling applications according to different approaches.
5	criticize the counseling applications characteristics.

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	ASSESSING THE PROBLEMS OF THE CLIENT	Synchronous
2	DEFINITION OF THE PROBLEM	Synchronous
3	SKILLS USED IN THE ASSESSMENT PROCESS	Synchronous
4	CONSOLIDATION OF INFORMATION OBTAINED IN THE PRELIMINARY MEETING	Synchronous
5	CREATING A GOAL IN PSYCHOLOGICAL DIFFERENCE	Synchronous
6	CASE AND EXERCISES RELATED TO SETTING A PURPOSE	Synchronous
7	Midterm	Online
8	STRATEGY DETERMINATION AND SELECTING INTERVENTION	Synchronous
9	CASE CONCEPT- STRATEGY SELECTION	Synchronous
10	EMOTIONAL INTERVENTIONS	Synchronous
11	HELPING THE CONSULTANT TO REGULATE HIS FEELINGS	Synchronous

12	CONSULTANT RESPONSE TO EMOTIONAL INTERVENTIONS	Synchronous
13	COGNITIVE INTERVENTIONS	Synchronous
14	COMMANDS and RESTORATION	Synchronous
15	Final Exam	Online
16		

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Corey G. (2005). Theory and Practice of Group counseling 7 th Ed. (International Student Ed.) California, Thomson: Brooks/Cole Pub.		
2	1-Professional Counselor: A process Guide to Helping : Psikolojik Danışma İlke ve Teknikleri: Psikolojik Yardım Süreci El Kitabı : Harold Hackney ve Sherry Cormier		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	say the goals, principles and techniques of different psychological counseling theories.	1,2,7	1,2
2	discuss similarities and differences between different psychological counseling theories.	1,2,7	1,2
3	know strengths and limitations of counseling approaches.	1,2,5,7	1,2
4	compare counseling applications according to different approaches.	1,2,5,7	1,2
5	criticize the counseling applications characteristics.	1,2,5,8,12	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	0	0	0
8	Midterm Exam	1	3	3
9	Quiz	3	1	3
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0

15	Preparation for Final Exam	0	0	0
16	Final Exam	10	6	60
				<b>150</b>