

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

ATTACHMENT PSYCHOLOGY					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY452	Spring	3	0	3	5

Prerequisites and co-requisites	
Language of instruction	Turkish
Type	Elective
Level of Course	Bachelor's
Lecturer	Dr. Öğr. Üyesi Feyruz USLUOĞLU
Mode of Delivery	Face to Face
Suggested Subject	
Professional practise (internship)	None
Objectives of the Course	To give information about historical development of attachment theory, research and assessment methods and to distinguish similarities and differences in childhood and adult attachment
Contents of the Course	Attachment theories and the effects of early attachment styles on adult life

Learning Outcomes of Course

#	Learning Outcomes
1	Learn about the historical roots, research and assessment methods of attachment
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.
4	Understand the relationship between attachment and physical and psychological health
5	Learn about the different ways attachment theory can be used in psychological interventions

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Introduction and Overview of the Course	Synchronous and Asynchronous
2	• Drive Theory: Sigmund Freud and Classical Psychoanalysis.	Synchronous and Asynchronous
3	Ego Psychological Theoris (H. Hartman, A. Freud)	Synchronous and Asynchronous
4	Ego Psychological Theoris (R. Spitz; M. Mahler)	Synchronous and Asynchronous
5	Object Relations Theory (Melanie Klein)	Synchronous and Asynchronous
6	The British Object Relations Theorists: (W. R. D. Fairbairn)	Synchronous and Asynchronous
7	Midterm	Online
8	The British Object Relations Theorists: (D. W. Winnicott)	Synchronous and Asynchronous
9	Self Psychology (H. Kohut)	Synchronous and Asynchronous
10	Historical Roots and Theories of Attachment	Synchronous and Asynchronous
11	Overview of Attachment	Synchronous and Asynchronous

12	• Attachments Beyond Infancy	Synchronous and Asynchronous
13	Attachment Theory and Psychopathology	Synchronous and Asynchronous
14	Case Studies	Synchronous and Asynchronous
15	Final Exam	Synchronous and Asynchronous
16		

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Mitchell S. A. & Black, M. J. (1995). Freud and beyond: a history of modern psychoanalytic thought. Basic Books		
2	Palombo, J., Bendicsen, H. K., & Koch, B. J. (2009). Guide to psychoanalytic developmental theories. Springer Science+Business Media		
3	Allen, J. G. (2013). Restoring Mentalizing in Attachment Relationships : Treating Trauma With Plain Old Therapy. American Psychiatric Association Publishing		
4	Hazan, C., & Shaven, P. R. (1994). Attachment as an organizational framework for research on close relationships. Psychological Inquiry,5 (1), 1-22. https://doi.org/10.1207/s15327965pli0501_1		
5	Ainsworth, M. D. S. (1989). Attachments Beyond Infancy. American Psychological Association, 44,(4), 709-716		
6	Bağlanma kuramı ve psikopatoloji. Düşünen Adam; 19(1):24-39		
7	Psikanalitik gelişim teorileri rehberi. (Çev. F. B. Helvacıoğlu), Psikoterapi Enstitüsü Yayınları Tüzün, O., ve Sayar, K. (2006)		
8	Freud ve Sonrası: Modern Psikanalitik Düşüncenin Tarihi. (Çev. A. Eğrilmez), Bilgi Üniversitesi Yayınları Palombo, J., Bendicsen, H., ve Koch, B. (2018)		
9	Bağlanma: Yakın ilişkilerle ilgili araştırmalar için bir çerçeve (Çev. Ali Dönmez). Türk Psikoloji Bülteni, 16- 17, Mart-Haziran 2000, 29-50. Mitchell, S. A. & Black, M. j. (2012)		
10	Yetişkin Bağlanma Kuramı ve Duygulanım Düzenleme Stratejilerinin Depresyonla İlişkisi. Psikiyatride Güncel Yaklaşımlar; 1;240-255 Hazan, C and Shaver, P (1994).		
11	Handbook of attachment: Theory, research and clinical applications. NY: The Guilford Press. Çalışır, M. (2009).		
12	Restoring Mentalizing in Attachment Relationships : Treating Trauma With Plain Old Therapy. American Psychiatric Association Publishing Cassidy, J. ve Shaver, P. R. (2016).		
13	Attachments Beyond Infancy. American Psychological Association, 44,(4), 709-716 Allen, J. G. (2013).		
14	A.A. Köşkdere (Ed). (2011). Psikanalitik Psikoterapiler: Temel Kavramlar, Kuramlar ve Yöntemler. Türk Psikiyatri Derneği Yayınları: Ankara		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Learn about the historical roots, research and assessment methods of attachment		1,2
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development		1,2
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.		1,2
4	Understand the relationship between attachment and physical and psychological health		1,2

5	Learn about the different ways attachment theory can be used in psychological interventions		
---	---	--	--

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	14	4	56
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	3	3
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	1	3	3
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	2	2
16	Final Exam	1	1	1
				150