

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

ATTACHMENT PSYCHOLOGY					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY452	Spring	3	0	3	5

<b>Prerequisites and co-requisites</b>	
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	Dr. Öğr. Üyesi Feyruz USLUOĞLU
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	To give information about historical development of attachment theory, research and assessment methods and to distinguish similarities and differences in childhood and adult attachment
<b>Contents of the Course</b>	Attachment theories and the effects of early attachment styles on adult life

## Learning Outcomes of Course

#	Learning Outcomes
1	Learn about the historical roots, research and assessment methods of attachment
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.
4	Understand the relationship between attachment and physical and psychological health
5	Learn about the different ways attachment theory can be used in psychological interventions

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Introduction and Overview of the Course	Synchronous and Asynchronous
2	• Drive Theory: Sigmund Freud and Classical Psychoanalysis.	Synchronous and Asynchronous
3	Ego Psychological Theoris (H. Hartman, A. Freud)	Synchronous and Asynchronous
4	Ego Psychological Theoris (R. Spitz; M. Mahler)	Synchronous and Asynchronous
5	Object Relations Theory (Melanie Klein)	Synchronous and Asynchronous
6	The British Object Relations Theorists: (W. R. D. Fairbairn)	Synchronous and Asynchronous
7	Midterm	Online
8	The British Object Relations Theorists: (D. W. Winnicott)	Synchronous and Asynchronous
9	Self Psychology (H. Kohut)	Synchronous and Asynchronous
10	Historical Roots and Theories of Attachment	Synchronous and Asynchronous
11	Overview of Attachment	Synchronous and Asynchronous

12	• Attachments Beyond Infancy	Synchronous and Asynchronous
13	Attachment Theory and Psychopathology	Synchronous and Asynchronous
14	Case Studies	Synchronous and Asynchronous
15	Final Exam	Synchronous and Asynchronous
16		

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Mitchell S. A. & Black, M. J. (1995). Freud and beyond: a history of modern psychoanalytic thought. Basic Books		
2	Palombo, J., Bendicsen, H. K., & Koch, B. J. (2009). Guide to psychoanalytic developmental theories. Springer Science+Business Media		
3	Allen, J. G. (2013). Restoring Mentalizing in Attachment Relationships : Treating Trauma With Plain Old Therapy. American Psychiatric Association Publishing		
4	Hazan, C., & Shaven, P. R. (1994). Attachment as an organizational framework for research on close relationships. Psychological Inquiry,5 (1), 1-22. <a href="https://doi.org/10.1207/s15327965pli0501_1">https://doi.org/10.1207/s15327965pli0501_1</a>		
5	Ainsworth, M. D. S. (1989). Attachments Beyond Infancy. American Psychological Association, 44,( 4), 709-716		
6	Bağlanma kuramı ve psikopatoloji. Düşünen Adam; 19(1):24-39		
7	Psikanalitik gelişim teorileri rehberi. (Çev. F. B. Helvacıoğlu), Psikoterapi Enstitüsü Yayınları Tüzün, O., ve Sayar, K. (2006)		
8	Freud ve Sonrası: Modern Psikanalitik Düşüncenin Tarihi. (Çev. A. Eğrilmez), Bilgi Üniversitesi Yayınları Palombo, J., Bendicsen, H., ve Koch, B. (2018)		
9	Bağlanma: Yakın ilişkilerle ilgili araştırmalar için bir çerçeve (Çev. Ali Dönmez). Türk Psikoloji Bülteni, 16- 17, Mart-Haziran 2000, 29-50. Mitchell, S. A. & Black, M. j. (2012)		
10	Yetişkin Bağlanma Kuramı ve Duygulanım Düzenleme Stratejilerinin Depresyonla İlişkisi. Psikiyatride Güncel Yaklaşımlar; 1;240-255 Hazan, C and Shaver, P (1994).		
11	Handbook of attachment: Theory, research and clinical applications. NY: The Guilford Press. Çalışır, M. (2009).		
12	Restoring Mentalizing in Attachment Relationships : Treating Trauma With Plain Old Therapy. American Psychiatric Association Publishing Cassidy, J. ve Shaver, P. R. (2016).		
13	Attachments Beyond Infancy. American Psychological Association, 44,( 4), 709-716 Allen, J. G. (2013).		
14	A.A. Köşkdere (Ed). (2011). Psikanalitik Psikoterapiler: Temel Kavramlar, Kuramlar ve Yöntemler. Türk Psikiyatri Derneği Yayınları: Ankara		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Learn about the historical roots, research and assessment methods of attachment		1,2
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development		1,2
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.		1,2
4	Understand the relationship between attachment and physical and psychological health		1,2

5	Learn about the different ways attachment theory can be used in psychological interventions		
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PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	14	4	56
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	3	3
8	Midterm Exam	1	1	1
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	1	3	3
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	2	2
16	Final Exam	1	1	1
				<b>150</b>