TOROS ÜNİVERSİTESİ

Faculty Of Economıc, Admınıstratıve And Socıal Scıences
Psychology (Englısh)

Course Information

SHORT-TERM PSYCHOTHERAPIES					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY453	Fall	3	0	3	5

Prerequisites and co-requisites	none
Language of instruction	Turkish
Type	Elective
Level of Course	Bachelor's
Lecturer	
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	Providing information to students about various psychotherapeutic methods by understanding, assessing and assist for individuals who want to get psychological help
Contents of the Course	Understanding of the meaning and content of psychotherapy, examining the importance and functionality of an individual's life, information about the different psychotherapy approaches and techniques, examples of cases psychotherapy process to gain professional knowledge and experience of the treating, information about the ethical rules of Psychotherapy

Learning Outcomes of Course

#	Learning Outcomes
1	Knowing the rules of ethics in psychotherapy
2	Being able to apply a variety of techniques and methods of psychotherapy
3	Revealing the importance of Psychotherapy clients' needs
4	To understand the relationship of human-needs and psychotherapy
5	Knowing the principles that form the basis of Psychotherapy
6	Knowing the rules of ethics in psychotherapy

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Lesson plan, content, expected work from students, recommended books etc.	Synchronous and Asynchronous
2	Why Short Term Therapy? What is Short Term Therapy? When and to whom is Short Term Therapy Applied?	Synchronous and Asynchronous
3	Components Required in Successful Psychotherapy, Conducting Brief Psychotherapy: Review and Synthesis	Synchronous and Asynchronous
4	Solution Focused Brief Therapy	Synchronous and Asynchronous
5	Solution Focused Brief Therapy	Synchronous and Asynchronous
6	EMDR	Synchronous and Asynchronous
7	midterm	online

8	Logotherapy	Synchronous and Asynchronous
9	Logotherapy	Synchronous and Asynchronous
10	Short Couple Therapy	Synchronous and Asynchronous
11	Short Couple Therapy	Synchronous and Asynchronous
12	Brief Behavioral Therapy	Synchronous and Asynchronous
13	Brief Behavioral Therapy	Synchronous and Asynchronous
14	Brief Behavioral Therapy	Synchronous and Asynchronous
15	Brief Behavioral Therapy	Synchronous and Asynchronous
16	Final Exam	online

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Bir Sanat Ve Bilim Olarak Kısa Terapiler, Çev. Editörü: Paykan G. Gökalp,2012, TPD Yayını		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Knowing the rules of ethics in psychotherapy	1,2,12,13	1,2
2	Being able to apply a variety of techniques and methods of psychotherapy	3,11,13	1,2
3	Revealing the importance of Psychotherapy clients' needs	1,2,7,11,12	1,2
4	To understand the relationship of human-needs and psychotherapy	1,2,11,12,13	1,2
5	Knowing the principles that form the basis of Psychotherapy	1,2,11,12,13	1,2
6	Knowing the rules of ethics in psychotherapy	1,2,10,11,12	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	3	3
8	Midterm Exam	1	3	3
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0

12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	3	3
16	Final Exam	1	3	3
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