

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

ATTACHMENT PSYCHOLOGY					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY452	Spring	3	0	3	0

<b>Prerequisites and co-requisites</b>	
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	Dr. Öğr. Üyesi Feyruz USLUOĞLU
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	To give information about historical development of attachment theory, research and assessment methods and to distinguish similarities and differences in childhood and adult attachment
<b>Contents of the Course</b>	Attachment theories and the effects of early attachment styles on adult life

## Learning Outcomes of Course

#	Learning Outcomes
1	Learn about the historical roots, research and assessment methods of attachment
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.
4	Understand the relationship between attachment and physical and psychological health
5	Learn about the different ways attachment theory can be used in psychological interventions

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Introduction and Overview of the Course	Face-to-face, lecturing and discussing
2	• Drive Theory: Sigmund Freud and Classical Psychoanalysis.	Face-to-face, lecturing and discussing
3	Ego Psychological Theoris (H. Hartman, A. Freud)	Face-to-face, lecturing and discussing
4	Ego Psychological Theoris (R. Spitz; M. Mahler)	Face-to-face, lecturing and discussing
5	Object Relations Theory (Melanie Klein)	Face-to-face, lecturing and discussing
6	The British Object Relations Theorists: (W. R. D. Fairbairn)	Face-to-face, lecturing and discussing
7	The British Object Relations Theorists: (D. W. Winnicott)	Face-to-face, lecturing and discussing
8	Mid-Term Exam	Face-to-face, lecturing and discussing
9	Interpersonal Psychoanalysis (H. S. Sullivan)	Face-to-face, lecturing and discussing
10	Self Psychology (H. Kohut)	Face-to-face, lecturing and discussing
11	Historical Roots and Theories of Attachment	Face-to-face, lecturing and discussing

12	Overview of Attachment Theory	Face-to-face, lecturing and discussing
13	• Attachments Beyond Infancy	Face-to-face, lecturing and discussing
14	Attachment Theory and Psychopathology	Face-to-face, lecturing and discussing
15	Case Studies	Face-to-face, lecturing and discussing
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Mitchell S. A. & Black, M. J. (1995). Freud and beyond: a history of modern psychoanalytic thought. Basic Books		
2	Palombo, J., Bendicson, H. K., & Koch, B. J. (2009). Guide to psychoanalytic developmental theories. Springer Science+Business Media		
3	Allen, J. G. (2013). Restoring Mentalizing in Attachment Relationships : Treating Trauma With Plain Old Therapy. American Psychiatric Association Publishing		
4	Hazan, C., & Shaven, P. R. (1994). Attachment as an organizational framework for research on close relationships. Psychological Inquiry, 5 (1), 1-22. <a href="https://doi.org/10.1207/s15327965pli0501_1">https://doi.org/10.1207/s15327965pli0501_1</a>		
5	Ainsworth, M. D. S. (1989). Attachments Beyond Infancy. American Psychological Association, 44, ( 4), 709-716		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Learn about the historical roots, research and assessment methods of attachment		1,2
2	Discuss the importance of the relationship between the care-giver and the infant in terms of “normal” and “abnormal” brain and personality development		1,2
3	Differentiate between the similarities and differences of childhood and adulthood attachment behavior.		1,2
4	Understand the relationship between attachment and physical and psychological health		1,2
5	Learn about the different ways attachment theory can be used in psychological interventions		

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	14	4	56
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	3	3
8	Midterm Exam	1	1	1

9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	1	3	3
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	2	2
16	Final Exam	1	1	1
				<b>150</b>