

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

CRISIS INTERVENTION TECHNIQUES					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY320	Spring	3	0	3	5

<b>Prerequisites and co-requisites</b>	none
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	Assist. Prof. Dr. Feyruz USLUOĞLU
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	The aim of the course is to examine the psychosocial effects of disasters and traumatic events.
<b>Contents of the Course</b>	This course includes the psychological effects of disaster and traumatic events and psychosocial intervention.

## Learning Outcomes of Course

#	Learning Outcomes
1	Acquire knowledge on symptoms and etiology of trauma.
2	Learn what the individual and wide scale traumas are.
3	Distinguish the post traumatic reactions.
4	Explain the post disaster phases.
5	Learn approaches of intervening to post-traumatic disorders.

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Getting Started, What is Crisis and Trauma?	presentation and discussion
2	. Effects of Trauma	presentation and discussion
3	. Effects of Trauma	presentation and discussion
4	. Effects of Trauma	presentation and discussion
5	. Effects of Trauma	presentation and discussion
6	Disasters as a Traumatic Experience	presentation and discussion
7	midterm	
8	Assessing Trauma and Post-Traumatic Outcomes	presentation and discussion
9	Fundamental Issues in Trauma Treatment	presentation and discussion
10	Psycho-Education	presentation and discussion
11	Reducing Stress and Affect Regulation Training	presentation and discussion
12	Cognitive Interventions	presentation and discussion

13	Emotional Processing	presentation and discussion
14	Identity and Supporting Relational Functioning	presentation and discussion
15	Akut Travmanın Etkilerinin Tedavisi	presentation and discussion
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Briere, J. ve Scott, C. (2006). Principles of trauma therapy: A guide to symptoms, evaluation and treatment. CA: Sage Publications.		
2	Berger, R. (2015). Stress, trauma and posttraumatic growth: Social context, environment and and identities. NY: Routledge.		
3	Erdur-Baker, Ö., ve Doğan, T. (Ed.) (2017). Afetler, travmalar ve psikolojik yardım. Ankara: Türk Psikolojik Danışma ve Rehberlik Derneği.		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Acquire knowledge on symptoms and etiology of trauma.	1,2,10,11	1,2
2	Learn what the individual and wide scale traumas are.	1,2,10,11,12	1,2
3	Distinguish the post traumatic reactions.	1,2,3,7,8	1,2
4	Explain the post disaster phases.	12,13	1,2
5	Learn approaches of intervening to post-traumatic disorders.	1,2,3,5,6	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	5	5
8	Midterm Exam	1	2	2
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0

14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	5	5
16	Final Exam	1	2	2
				<b>98</b>