

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

MENTAL DISORDERS					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY313	Fall	3	0	3	5

Prerequisites and co-requisites	
Language of instruction	English
Type	Required
Level of Course	Bachelor's
Lecturer	
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	This course is designed to explore the bio-psychological factors associated with health and wellness.
Contents of the Course	The concepts, theories and empirical findings related to health psychology.

Learning Outcomes of Course

#	Learning Outcomes
1	To be able to describe health psychology's main topics
2	To be able to describe the predictors of health
3	To be able to describe health behaviors with the concepts of health psychologic topics
4	To be able to recognize the necessity of acquiring knowledge and ability throughout life
5	To be able to explain scientific ethic

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	What is health psychology	Lecture and discussion
2	The systems of the body	Lecture and discussion
3	Health behaviors	Lecture and discussion
4	Health-enhancing behaviors	Lecture and discussion
5	Stress	Lecture and discussion
6	Stress management	Lecture and discussion
7	Using health services	Lecture and discussion
8	Mid-term exam	
9	Management of chrnic illness	Lecture and discussion
10	Psychological issues in advancing and terminal illness	Lecture and discussion
11	Heart disease, hypertension, stroke and diabetes	Lecture and discussion
12	Psychoneuroimmunology, AIDS,	Lecture and discussion
13	cancer and arhritis	Lecture and discussion

14	Placebo	Lecture and discussion
15	death across the life span	Lecture and discussion
16	Final Exam	

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Baltaş, Z. (2007). Sağlık Psikolojisi: Halk sağlığında davranış bilimleri. İstanbul, Remzi Kitabevi.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	To be able to describe health psychology's main topics	11	1,2
2	To be able to describe the predictors of health	11	1,2
3	To be able to describe health behaviors with the concepts of health psychology topics	14	1,2
4	To be able to recognize the necessity of acquiring knowledge and ability throughout life	14	1,2
5	To be able to explain scientific ethic	14	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	25	25
8	Midterm Exam	1	7	7
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	27	27
16	Final Exam	1	7	7
				150

