

# TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences  
Psychology (English)

## Course Information

COUNSELING PSYCHOLOGY I					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY433	Fall	3	0	3	5

<b>Prerequisites and co-requisites</b>	none
<b>Language of instruction</b>	Turkish
<b>Type</b>	Elective
<b>Level of Course</b>	Bachelor's
<b>Lecturer</b>	
<b>Mode of Delivery</b>	Face to Face
<b>Suggested Subject</b>	none
<b>Professional practise ( internship )</b>	None
<b>Objectives of the Course</b>	The purpose of this course is to introduce major counseling approaches and their techniques.
<b>Contents of the Course</b>	Introduction to psychological applications. The basic applications in counseling (Psychoanalytic Therapy, behavioral therapy, cognitive therapy etc. ). The current applications in counseling (existential therapy, gestalt therapy and reality therapy , client-centered therapy, post-modern approaches, feminist therapy, family systems therapy).

## Learning Outcomes of Course

#	Learning Outcomes
1	Discusses the current counseling approaches.
2	Explains the current counseling approaches? concepts and techniques.
3	Critiques strengths and limitations of counseling approaches.
4	Compares the current counseling applications.
5	Evaluates specific applications of each theory

## Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Meeting	presentation and discussion
2	As an individual and professional counselor	presentation and discussion
3	Psychoanalytic Therapy	presentation and discussion
4	Adlerian Therapy	presentation and discussion
5	Existential Therapy	presentation and discussion
6	Client-Centered Therapy	presentation and discussion
7	Gestalt Therapy	presentation and discussion
8	Midterm	
9	Behavioral Therapy	presentation and discussion
10	Cognitive Behavior Therapy	presentation and discussion
11	Reality Therapy, Feminist Therapy	presentation and discussion

12	Post Modern Therapy	presentation and discussion
13	Family Systems Therapy	presentation and discussion
14	Family Systems Therapy	presentation and discussion
15	Family Systems Therapy	presentation and discussion
16	Final Exam	

## Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Acar, N.V. (1994). Terapötik İletişim: Kişilerarası İlişkiler. Ankara: Ertem Matbaacılık.		

## Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

## Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Discusses the current counseling approaches.	1,2,3	1,2
2	Explains the current counseling approaches? concepts and techniques.	1,2,3	1,2
3	Critiques strengths and limitations of counseling approaches.	1,2,3	1,2
4	Compares the current counseling applications.	1,2,3	1,2
5	Evaluates specific applications of each theory		

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

## Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	2	28
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	8	8
8	Midterm Exam	1	2	2
9	Quiz	0	0	0
10	Homework	2	10	20
11	Midterm Project	0	0	0
12	Midterm Exercise	2	5	10
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	16	16
16	Final Exam	1	2	2

