

TOROS ÜNİVERSİTESİ

Faculty Of Economic, Administrative And Social Sciences
Psychology (English)

Course Information

PSYCHOTHERAPY TECHNIQUES I					
Code	Semester	Theoretical	Practice	National Credit	ECTS Credit
		Hour / Week			
PSY303	Fall	3	0	3	5

Prerequisites and co-requisites	
Language of instruction	Turkish
Type	Required
Level of Course	Bachelor's
Lecturer	
Mode of Delivery	Face to Face
Suggested Subject	none
Professional practise (internship)	None
Objectives of the Course	The aim of this course is to provide information about different theories of psychotherapy within the historical perspective.
Contents of the Course	This course introduces the major theories of psychotherapy. The different approaches of psychotherapy will be compared and contrasted in the effort to provide students a critical framework.

Learning Outcomes of Course

#	Learning Outcomes
1	Students who have completed the course successfully should be able to recognize different psychotherapy techniques,
2	Explain the historical development of psychotherapy theories, recall information about the first, second, and the third forces of psychotherapy
3	compare how the different theories and applications work with diverse population groups.
4	have the knowledge about the principles of psychological measurement and psychological tests.

Course Syllabus

#	Subjects	Teaching Methods and Technics
1	Historical development of psychotherapy	Lecturing and discussion
2	Historical development of psychotherapy	Lecturing and discussion
3	Social Forces	Lecturing and discussion
4	Social Forces	Lecturing and discussion
5	Positive Psychology	Lecturing and discussion
6	Positive Psychology	Lecturing and discussion
7	Positive Psychology	Lecturing and discussion
8	midterm	
9	Psychodynamic approaches	Lecturing and discussion
10	Psychodynamic approaches	Lecturing and discussion
11	Psychodynamic approaches	Lecturing and discussion
12	Psychodynamic approaches	Lecturing and discussion

13	Psychodynamic approaches	Lecturing and discussion
14	Review of the Semester	Lecturing and discussion
15	Review of the Semester	Lecturing and discussion
16	Final Exam	

Course Syllabus

#	Material / Resources	Information About Resources	Reference / Recommended Resources
1	Allen E. Ivey, Michael D'Andrea, Mary Bradford Ivey, Lynn SimekMorgan, (2007). Theories of Counseling and Psychotherapy: A Multicultural Perspective, 6/E. Merrill.		

Method of Assessment

#	Weight	Work Type	Work Title
1	40%	Mid-Term Exam	Mid-Term Exam
2	60%	Final Exam	Final Exam

Relationship between Learning Outcomes of Course and Program Outcomes

#	Learning Outcomes	Program Outcomes	Method of Assessment
1	Students who have completed the course successfully should be able to recognize different psychotherapy techniques,	1	1,2
2	Explain the historical development of psychotherapy theories, recall information about the first, second, and the third forces of psychotherapy	11	1,2
3	Compare how the different theories and applications work with diverse population groups.	5	1,2
4	Have the knowledge about the principles of psychological measurement and psychological tests.	6	1,2

PS. The numbers, which are shown in the column Method of Assessment, presents the methods shown in the previous table, titled as Method of Assessment.

Work Load Details

#	Type of Work	Quantity	Time (Hour)	Work Load
1	Course Duration	14	3	42
2	Course Duration Except Class (Preliminary Study, Enhancement)	14	3	42
3	Presentation and Seminar Preparation	0	0	0
4	Web Research, Library and Archival Work	0	0	0
5	Document/Information Listing	0	0	0
6	Workshop	0	0	0
7	Preparation for Midterm Exam	1	25	25
8	Midterm Exam	1	7	7
9	Quiz	0	0	0
10	Homework	0	0	0
11	Midterm Project	0	0	0
12	Midterm Exercise	0	0	0
13	Final Project	0	0	0
14	Final Exercise	0	0	0
15	Preparation for Final Exam	1	27	27

16	Final Exam	1	7	7
				150